



KRUPANIDHI GROUP OF INSTITUTIONS
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5.1.3 Capacity building and skills enhancement initiatives taken by the institution

1. Soft skills

2. Language and communication skills

3. Life skills (Yoga, physical fitness, health and hygiene)

4. ICT/computing skills

For the Year

2020 – 2021

KRUPANIDHI GROUP OF INSTITUTION
12/1, Chikkabellandur, Carmelaram, Bangalore -560035



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Soft skills

KRUPANIDHI GROUP OF INSTITUTION
12/1, Chikkabellandur, Carmelaram, Bangalore -560035



RESOURCE PERSON

DR PRAKASH MALLYA

CAMPUS TO CORPORATE/ SUCCESS PLANNING
IN GLOBALIZED WORLD



KRUPANIDHI GROUP OF INSTITUTIONS
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FINISHING SCHOOL PROGRAM

FOR
SOFT SKILL DEVELOPMENT

20TH SEPTEMBER 2021

KRUPANIDHI GROUP OF INSTITUTIONS



Prakash Mallya
Principal
Krupanidhi Group of Institutions
12/1 Chikkabellandur Village,
Carmelaram Road Post Varthur Hobli
Bangalore - 560 035



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KRUPANIDHI GROUP OF INSTITUTIONS

Finishing School Program For Soft Skill Development

2020-2021

20.09.2021

Dr. Prakash Mallya –Campus to Corporate/Success Planning in Globalized World.

Dr.Mallya took over the session on a topic for the discussions on Finishing School Campus to Corporate/Success Planning in Globalized World.

Dr. Mallya started to show some videos that could inspire the students and asked the students who were scattered into eight groups and asked the group member from each group to come present the video shown to them in relation to their opinions what the video was exactly trying to give the message.

Students started to experience a new learning experience in knowing so many things and the changes that's taking places from the college campus to corporate .

The very purpose of our objective gave a fruitful success.




Principal
Krupanidhi Group of Institutions
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Resource Person



Student Speech in the Program



Ramesh
Principal

Krupanidhi Group of Institutions
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KRUPANIDHI GROUP OF INSTITUTIONS

FINISHING SCHOOL PROGRAM ON SOFT SKILL DEVELOPMENT
2020-2021

LIST OF STUDENTS PARTICIPATED

SL NO	NAME OF THE STUDENT	COURSE
1	A HARISH KUMAR	MBA 2nd Year
2	A SARANYA	MBA 2nd Year
3	ABHISHEK K S	MBA 2nd Year
4	AJAY KUMAR S MATH	MBA 2nd Year
5	AJAY V P	MBA 2nd Year
6	AKSHAY PG	MBA 2nd Year
7	AKSHAY R	MBA 2nd Year
8	ANIL KUMAR	MBA 2nd Year
9	ANJANA C	MBA 2nd Year
10	ANJANEYA	MBA 2nd Year
11	ASHFAK HAMEED	MBA 2nd Year
12	BALAJI	MBA 2nd Year
13	BASIREDDY GARI JANARDHAN REDDY	MBA 2nd Year
14	BHARATH A	MBA 2nd Year
15	BILTTO BABU	MBA 2nd Year
16	BINILA SUSAN VARGHESE	MBA 2nd Year
17	BONE SHARATH VENKATA SAI	MBA 2nd Year
18	CHETAN K CHANDRU	MBA 2nd Year
19	DEEPTHI P V	MBA 2nd Year
20	DHANUSH M N	MBA 2nd Year
21	DILU KRISHNAN	MBA 2nd Year
22	DIXIT M	MBA 2nd Year
23	GOWTHAM S	MBA 2nd Year
24	HALIMA SADIYA	MBA 2nd Year
25	HASHIM C P	MBA 2nd Year
26	JAGJITH SINGH P	MBA 2nd Year
27	JAYANTH.D	MBA 2nd Year
28	JOSNA JOY	MBA 2nd Year
29	JYOTI A RAMPUR	MBA 2nd Year
30	KARAN DAS T	MBA 2nd Year
31	KARTHIK D	MBA 2nd Year
32	KAVYA R	MBA 2nd Year
33	KIRAN KUMAR N	MBA 2nd Year



Praveesh
Principal

Krupanidhi Group of Institutions
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34	LOKESH.MV	MBA 2nd Year
35	MADAN B G	MBA 2nd Year
36	MAHAMKALI HARITHA	MBA 2nd Year
37	MAHESH.A	MBA 2nd Year
38	MAHESH.S	MBA 2nd Year
39	MALLA SAI MANI RAJ	MBA 2nd Year
40	MALLESH GOUDA	MBA 2nd Year
41	MANJUNATH.S	MBA 2nd Year
42	MANU.M	MBA 2nd Year
43	MOHAMED SADIQ C M	MBA 2nd Year
44	MOHAMMED FARZAN P A	MBA 2nd Year
45	MOHAN KUMAR M	MBA 2nd Year
46	MUHAMMED SALIH P K	MBA 2nd Year
47	MUHAMMED SHIBILI P	MBA 2nd Year
48	NAGARAJ.M	MBA 2nd Year
49	NAGESH.C	MBA 2nd Year
50	Nandana G	MBA 2nd Year
51	NAVEEN J	MBA 2nd Year
52	NIKHIL ZAK T JOEL	MBA 2nd Year
53	NIKSHITH.S	MBA 2nd Year
54	NILSON KURIAN	MBA 2nd Year
55	NITHEESH CHANDRAN	MBA 2nd Year
56	SAGAR PATTNAYAK	MBA 2nd Year
57	PAVAN K	MBA 2nd Year
58	PAVAN R	MBA 2nd Year
59	PRAJEESH T P	MBA 2nd Year
60	PRITHVILS	MBA 2nd Year
61	PUNITH KUMAR K P	MBA 2nd Year
62	RAVI K	MBA 2nd Year
63	RENSU K REJI	MBA 2nd Year
64	ROHAN PHILIP	MBA 2nd Year
65	ROHINI N	MBA 2nd Year
66	ROJO SAJI	MBA 2nd Year
67	ROOPA M D	MBA 2nd Year
68	SAI RAKSHITHA B.R	MBA 2nd Year
69	SAI VINUTHA V	MBA 2nd Year
70	SANDEEP.M	MBA 2nd Year
71	SANDHYA V	MBA 2nd Year
72	SHAIK KALESHA VALI	MBA 2nd Year
73	SHASHI SAGAR K	MBA 2nd Year
74	SHEMIL MATHEWS PAUL	MBA 2nd Year



Seavesh
Principal

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75	SHREELATHA.R	MBA 2nd Year
76	SINDHU.S	MBA 2nd Year
77	SINO B	MBA 2nd Year
78	SREEHARSH U	MBA 2nd Year
79	SUSHMITHA.N	MBA 2nd Year
80	THANUSHA.G	MBA 2nd Year
81	THANUSHA RAMACHANDRAN	MBA 2nd Year
82	THRIVEN KUMAR B S	MBA 2nd Year
83	TIRUPATI	MBA 2nd Year
84	TOUHID PASHA	MBA 2nd Year
85	VINUSHA D	MBA 2nd Year
86	ABHISHEK A L	MBA 2nd Year
87	ADWAITH.M	MBA 2nd Year
88	AMAL KUMAR K.A	MBA 2nd Year
89	ARJUN R DAS	MBA 2nd Year
90	ASWIN P K	MBA 2nd Year
91	AVINASH.K	MBA 2nd Year
92	DAITHAONGAM GELUUI	MBA 2nd Year
93	DHARSHAN.L	MBA 2nd Year
94	DINNO BENNY	MBA 2nd Year
95	G SIVARAMAGOPAL	MBA 2nd Year
96	GEJO.C.REJI	MBA 2nd Year
97	HARAMEEN E	MBA 2nd Year
98	JEFFRY GEORGE SUNIL	MBA 2nd Year
99	JIMMY KURIAN	MBA 2nd Year
100	JOMIN JOHNSON	MBA 2nd Year
101	K ALLURAJ	MBA 2nd Year
102	KRISHNAPRASAD U R	MBA 2nd Year
103	LALHUMBIKA	MBA 2nd Year
104	MUHAMMED AMEER	MBA 2nd Year
105	MUHAMMED FAIZAL	MBA 2nd Year
106	NAVANEETH VIJAYAN	MBA 2nd Year
107	NEETHU ELIZABTH ALEX	MBA 2nd Year
108	NIVED NARAYANAN	MBA 2nd Year
109	PRAVEEN KUMBAR	MBA 2nd Year
110	PREETHIKA G	MBA 2nd Year
111	SACHIN SHAJI	MBA 2nd Year
112	SAVITHA.M	MBA 2nd Year
113	SHABIN P ABRAHAM	MBA 2nd Year
114	SHIBIN SALAH	MBA 2nd Year
115	SIBIN STANLY	MBA 2nd Year



Ramesh
Principal

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116	SOORAJ.S	MBA 2nd Year
117	SREE HARI C	MBA 2nd Year
118	SUBIN KURIAKOSE	MBA 2nd Year
119	V NIRANJAN PRASAD	MBA 2nd Year
120	VISHNU K B	MBA 2nd Year
121	ABI MOHAN	MBA 2nd Year
122	ABIN T SAM	MBA 2nd Year
123	AISWARYA N S	MBA 2nd Year
124	AJMAL SALAM	MBA 2nd Year
125	AMITH V R	MBA 2nd Year
126	AMUDURU SAIVARUN REDDY	MBA 2nd Year
127	ANOOP CHANDRAN	MBA 2nd Year
128	ANTONY K BIJOY	MBA 2nd Year
129	ANUSREE.K	MBA 2nd Year
130	ARUN P SARMA	MBA 2nd Year
131	ARUNIMA RAJIV M K	MBA 2nd Year
132	ARYA RAJAN	MBA 2nd Year
133	ASHA THOMAS	MBA 2nd Year
134	ASHIQH J ABRAHAM	MBA 2nd Year
135	ASHNA P ALIAS	MBA 2nd Year
136	ATHUL A	MBA 2nd Year
137	BENIL SAM V	MBA 2nd Year
138	CHAITRA K V	MBA 2nd Year
139	CHRISTIN JOSEPH	MBA 2nd Year
140	DEEPAK C D	MBA 2nd Year
141	DEEPTHI M	MBA 2nd Year
142	DEVINANI SWETHA	MBA 2nd Year
143	EREGOWDA L H	MBA 2nd Year
144	G.POSHITH BHAVASAR	MBA 2nd Year
145	G VENU PRIYA	MBA 2nd Year
146	GOKUL R	MBA 2nd Year
147	GOKUL RV	MBA 2nd Year
148	HISHAM K K	MBA 2nd Year
149	JAYANTH.S	MBA 2nd Year
150	JIBIN JOSHEPH	MBA 2nd Year
151	KEERTHIKA.R	MBA 2nd Year
152	MANOJ KUMAR S	MBA 2nd Year
153	NAMITA DAS	MBA 2nd Year
154	NANDITH A S	MBA 2nd Year
155	NAVEENA V	MBA 2nd Year
156	NEERAJ K	MBA 2nd Year



Praveesh
Principal

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157	NIVEDITHA.A	MBA 2nd Year
158	RAKSHITHA.N	MBA 2nd Year
159	RANJITHA S S	MBA 2nd Year
160	RENJINI K R	MBA 2nd Year
161	RISIYAS ALI P	MBA 2nd Year
162	SANDEEP JAYAN	MBA 2nd Year
163	SHASINA.K	MBA 2nd Year
164	SHRADDHA SUMAN MAHARANA	MBA 2nd Year
165	SIJO.O.J	MBA 2nd Year
166	SONU T	MBA 2nd Year
167	SREERAM V	MBA 2nd Year
168	STERINA PAUL	MBA 2nd Year
169	SWATHY SUNIL	MBA 2nd Year
170	SYED ARFA AZMI	MBA 2nd Year
171	VISHNU NARAYAN	MBA 2nd Year
172	PREETHA M	MBA 2nd Year
173	ABIJITH K SASIKUMAR	MBA 2nd Year
174	DIANE IBRAHIMA	MCA 3rd Year
175	SUDESHNA MISHRA	MCA 3rd Year
176	PAVAN KUMAR R V	MCA 3rd Year
177	LAVANYA K S	MCA 3rd Year
178	DIPAK HORO	MCA 3rd Year
179	ANDREW LALMUANAWMA	MCA 3rd Year
180	K NAVANEETHA KRISHNAN	MCA 3rd Year
181	REGION THANGA	MCA 3rd Year
182	SETHULAKSHMI K S	MCA 3rd Year
183	SHIVAKUMAR L	MCA 3rd Year
184	LALRAMCHANPUIA	MCA 3rd Year
185	AKSHAY N	MCA 3rd Year
186	NANDINI H	MCA 3rd Year
187	IMRAN KHAN	MCA 3rd Year
188	DEIVANAI V	MCA 3rd Year
189	MUHAMMED FAHEEM ALI P	MCA 3rd Year



Praveesh
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KRUPANIDHI GROUP OF INSTITUTIONS
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Language and communication skills

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EVENT: Creative Writing Competition

Date: 7th November 2020

“Freedom and Opportunity give birth to Creativity”

Creativity involves breaking out of established patterns in order to look at things in a different way.

To improve the creativity of the students College has conducted the writing competition for the academic year 2020-2021. The competition was conducted with complete freedom and opportunity given to the students to give the birth to creativity.. This event was aimed to ignite the creativity in the writings of the students.

This event was conducted in the lovable memories of Dr. GIRISH KARNAD who was a well-known personality in the field of Art and Literature, as a writer, a film director, a social worker and as an actor who predominantly worked in south Indian as well as in Bolly wood movies. He was born on 19th May 1938 and brea the his last on 10 June 2019 in Bangalore.

Twenty Five students participated in the activity. The students were given the freedom to express their imagination on the papers through writing articles, composing poems, or by drawing the pictures related to the topic with the time limit of 40 mins. The joy of the participation of the students was quite visible on the papers submitted by them after 40 mins.

Winners of the Activity:

Creative writing with Drawing

1st - BIJOY BALAKRISHNAN MBA 1st Year

2nd – NAGARAJ.M MBA 2nd Year

3rd- BHAVYA BS MBA 1st Year

Creative Writing

1st - SAHANA BM MBA 1st Year

2nd - AKHIL K A MBA 1st Year

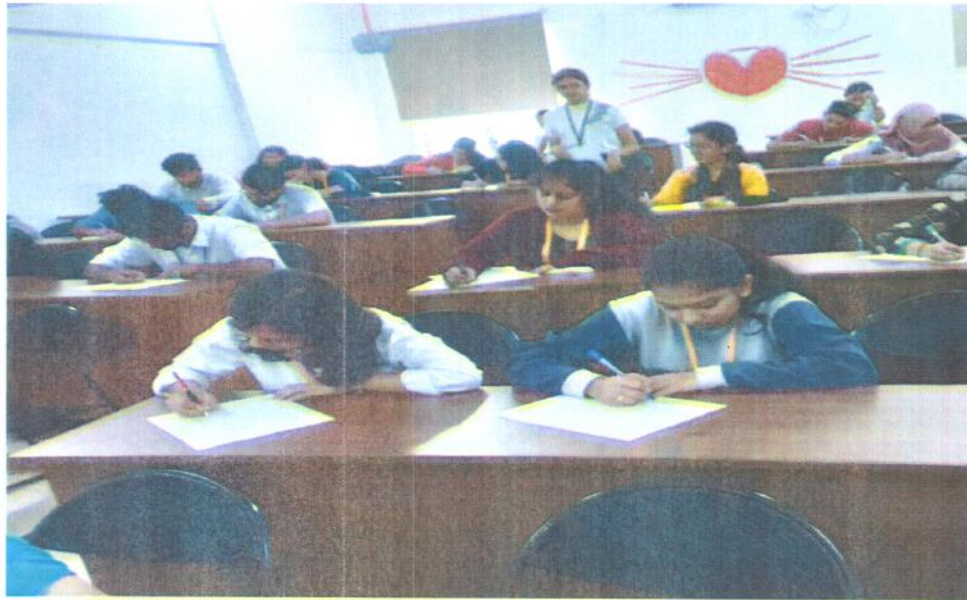
3rd – MANOJ M MBA 1st Year




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Student Participation in the Competition



Praveesh
Principal

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KRUPANIDHI GROUP OF INSTITUTIONS

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LIST OF STUDENTS PARTICIPATED

SL NO	NAME OF THE STUDENT	COURSE
1	AFNAS T K	MBA 1ST YEAR
2	AKHIL K A	MBA 1ST YEAR
3	MANJUNATH G	MBA 1ST YEAR
4	MANJUNATH G	MBA 1ST YEAR
5	MANOJ M	MBA 1ST YEAR
6	RAMYA H M	MBA 1ST YEAR
7	ARCHITHA K	MBA 1ST YEAR
8	RAMYA V	MBA 1ST YEAR
9	AROMAL P ANIL	MBA 1ST YEAR
10	BHARATH K	MBA 1ST YEAR
11	SAGAR N	MBA 1ST YEAR
12	BHAVYA BS	MBA 1ST YEAR
13	SAHANA BM	MBA 1ST YEAR
14	BIJOY BALAKRISHNAN	MBA 1ST YEAR
15	VISHWANATH K N	MBA 1ST YEAR
16	A HARISH KUMAR	MBA 2ND YEAR
17	A SARANYA	MBA 2ND YEAR
18	JAYANTH.D	MBA 2ND YEAR
19	JOSNA JOY	MBA 2ND YEAR
20	JYOTI A RAMPUR	MBA 2ND YEAR
21	NAGARAJ.M	MBA 2ND YEAR
22	NAGESH.C	MBA 2ND YEAR
23	SANDHYA V	MBA 2ND YEAR
24	SHAIK KALESHA VALI	MBA 2ND YEAR
25	SHASHI SAGAR K	MBA 2ND YEAR



Seenu
Principal

Krupanidhi Group of Institutions
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Bangalore - 560 035



KRUPANIDHI GROUP OF INSTITUTIONS
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Life skills

(Yoga, physical fitness, health and hygiene)

KRUPANIDHI GROUP OF INSTITUTION
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ORGANIZED BY
DEPARTMENT OF MBA / MCA

STUDENT COORDINATORS

SWATHI SUNIL (MBA)

PREETHA M (MBA)

WEBINAR ON

WOMEN

EMPOWERMENT



13th March 2021



10 AM -12 PM



Microsoft Teams

SPEAKER

DR. RAJEEVI NAYAK

SDM Degree College, Honavar



Rajeevi
Principal

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12/1 Chikkabellandur Village,
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Date: 11.03.2021

CIRCULAR

This is to inform all the staff and students that, KGI organizing a webinar on WOMEN EMPOWERMENT through a virtual platform "Microsoft Teams"

Speaker: Dr. Rajeevi Nayak

Date: 13.03.2021

Time: 10am to 12pm

All the students and staff are requested to attend the webinar




PRINCIPAL


Principal
Krupanidhi Group of Institutions
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REPORT OF WEBINAR ON WOMEN EMPOWERMENT

One powerful being of the society is a woman who is educated and has the power to spread awareness in the society.

An educated woman is the one who frightens the advocators of taboos and stereotypes that exist in the society.

To create awareness and instill confidence amongst girl students, KGI organized webinar on WOMEN EMPOWERMENT on 13th March 2021.

Dr. Rajeevi Nayaka from SDM Degree College Honavar, Who has pursued her PhD on "Role of Public Sector; Private Sector and Regional Rural Bank in Women Empowerment with special reference to Uttara Kannada District, Karnataka" has been invited as resource person for the webinar.

Dr. Rajeevi Nayak, has spoken in details about women empowerment and essence of empowerment in woman's life only for herself, but also for the family and society at large. She dwelled into facts on contribution of rural women to the economy as agricultural work force and the reality check on plight of Indian women who are being battered, beaten and undergone tremendous domestic violence and who are in below poverty line.

Dr. Rajeevi Nayak, reiterated on the aspect of women education that they should possess which gives confidence and makes them stand up against the atrocities committed on them.

She concluded by saying women empowerment does not mean competing with men but competing with herself to face all the challenges of the world.

One hour long motivating session was well received by the students

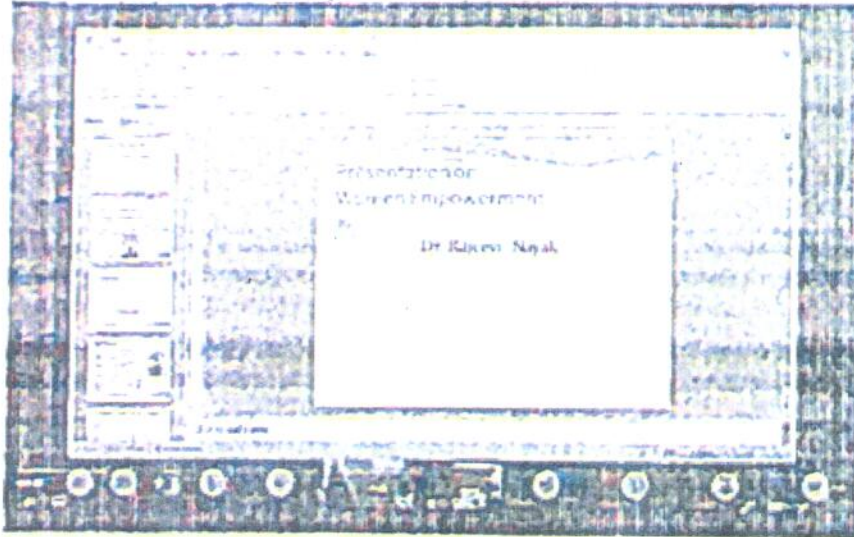


Rajeevi
Principal

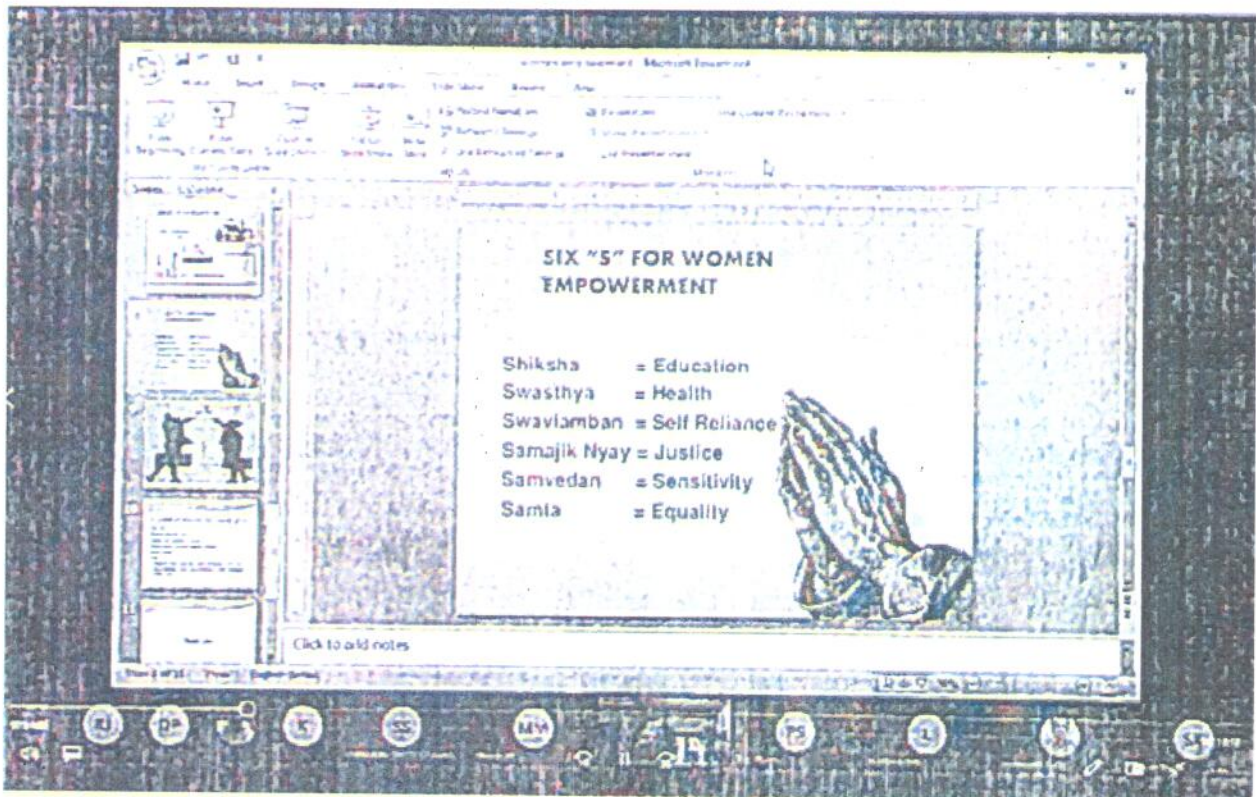
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Carmelaram Road Post Varthur Hobli,
Bangalore - 560 035



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Screen Shot of the Webinar



Rajesh Nyay
Principat

Krupanidhi Group of Institutions
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KGI, IN ASSOCIATION WITH GLOBAL HUNT FOUNDATION
AND UNICHARM INDIA
ORGANISES A WEBINAR ON

MENSTRUAL HEALTH AND HYGIENE MANAGEMENT

GUEST SPEAKER

MS. ROSHNEE BHOWNICK

CSR EXECUTIVE, UNICHARM INDIA

PLATFORM: MICROSOFT TEAMS

No registration fee. The participants will receive an e-certificate.
STUDENT COORDINATOR: KEERTHIKA R (MBA)



19TH FEB 2021



Roshnee
Principal
Krupanidhi Group of Institutions
12/1 Chikkabellandur Village,
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Date: 17.02.2021

CIRCULAR

This is to inform all the staff and students that, KGI in Association with Global Hunt Foundation and Unicharm India, is organizing a webinar to the Students and Staff through a virtual platform "Microsoft Teams"

Topic: Menstrual Health and Hygiene Management

Speaker: Ms. Roshnee Bhowrick (CSR Executive – Unicharm)

Date: 19.02.2021

All the students and staff are requested to attend the webinar




PRINCIPAL


Principal
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Report on Webinar On Menstrual Health and Hygiene Management

KGI in Association with Global Hund foundation has organized Gender Equity awareness programme. Global Hunt Foudnation with its sponsor and knowledge partner has conducted webinar as their CSR Initiative to th students and Faculties of the College on 19.02.2021.

Prof. Ramalakshmi welcomed the resource person, Principal KGI and the participants. She briefed on initiation taken to conduct impactful events.

Principal Dr. Pravesh Soti expressed on the importance of caring for women's health and happiness and appreciated the Department for organizing a meaningful session.

Ms. Roshnee Bhowmick, CSR Executive, Unicharm India, is the Resource person of the webinar. She has spoken on varied aspects that relate to Menstruation process in girls, women. She expressed that though Menstruation is a natural fact of life and a monthly occurrence for the 1.8 billion girls, women, transgender men and non-binary persons of reproductive age. Yet millions of menstruators across many countries in the world including in India, are denied the right to manage their monthly menstrual cycle in a dignified, healthy way.

She explained medical aspects of the menstrual process, and reproductive system. She also spoke on biological, harmonial and emotional changes occurs during the period.

The session also focused on Gender Inequality, discriminatory social norms, cultural taboos, poverty and lack of basic services associated with natural phenomenon which resulting in girls' and women's menstrual health and hygiene needs to go unmet.



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Principal
Principal
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12/1 Chikkabellandur ViHage,
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Ms Roshnee Bhowmick emphasized on the importance of menstrual hygiene and how safety measure to be taken during the period. She opined that boys and men should also be made understand the natural process happens in female gender.

The webinar was attended by 112 students of the college. Session was concluded with answering the queries by the resource person

Prof. Ramalakshmi proposed vote of thanks.

The entire webinar was a meaningful interaction and it was grand success.

Photos of the Programme



Screenshot of the Webinar

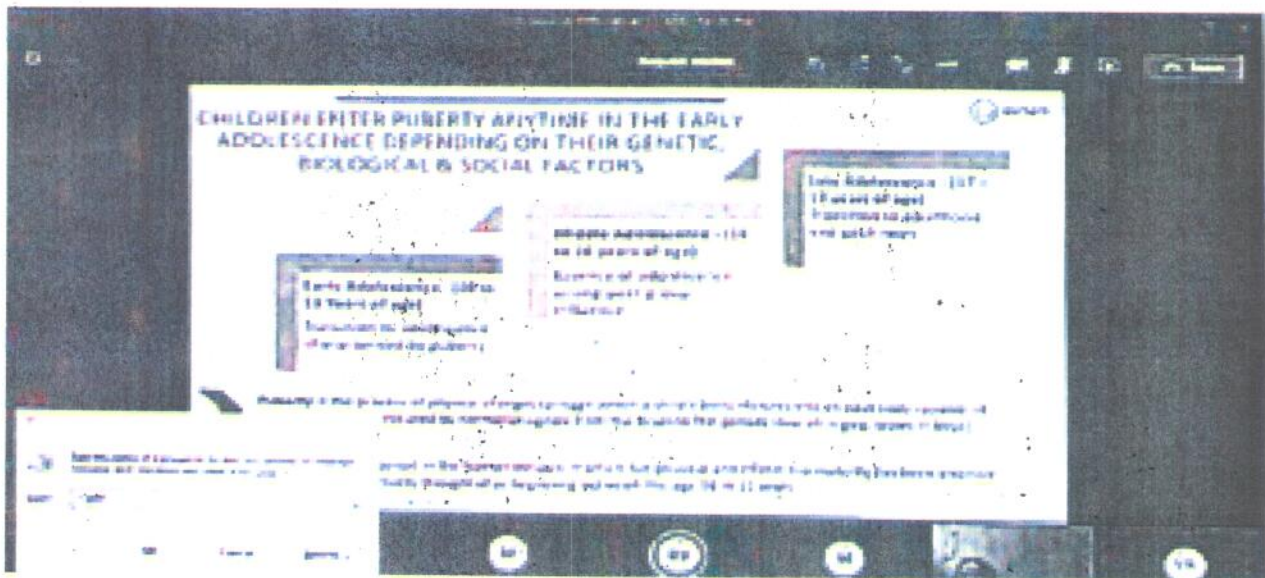
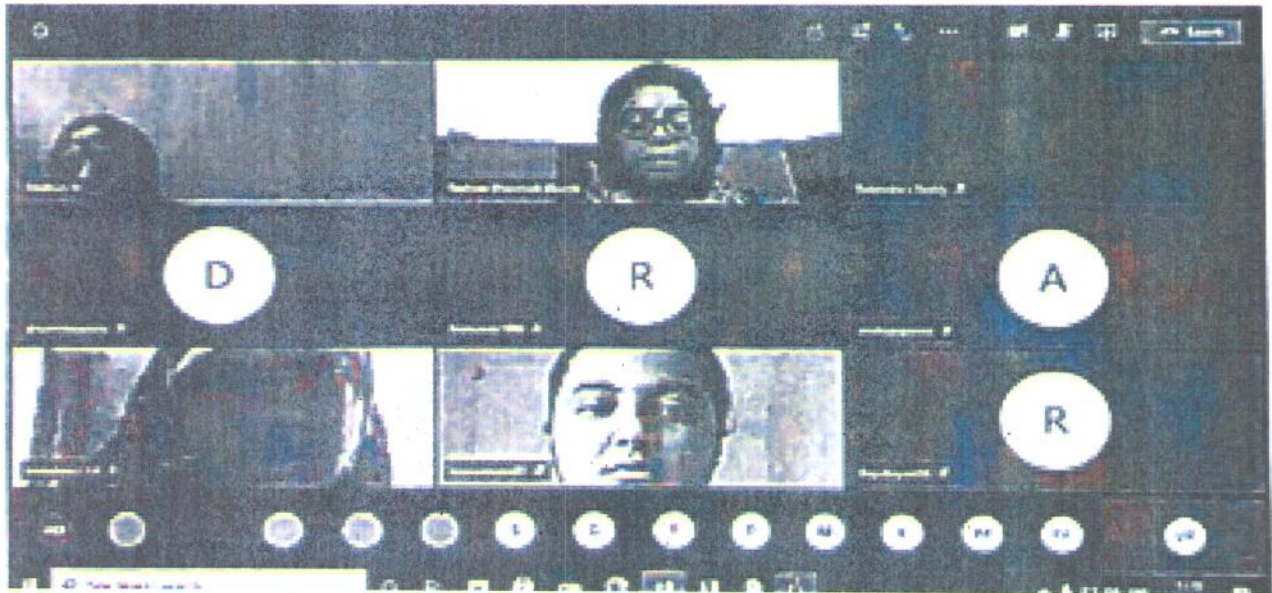


Roshnee Bhowmick
Principal

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[Handwritten Signature]
Principal

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unicharm
NOLABDIA

UNICHARM INDIA PRIVATE LIMITED

5th Floor, Unit No. 501-508 & 510-518,
Centrum Plaza Building, Golf Course
Road, Sector-03, Gurgaon-122002,
Haryana. Tel.: 0121-4151300
CIN: U51391HR2008PTC038151
E-mail id: customerscare@unicharm.com
Web: www.unicharm.co.in

To

The Principal,

Greetings from Unicharm India.

Unicharm India was established in 2008 as an extended arm of the Japanese based Unicharm Corporation. Unicharm India has launched products in child healthcare with our flagship product MamyPoko Pants diaper and Wipes, forayed into feminine health care segment with Sofy sanitary napkins and the adult diaper segment with brand Lifree.

Unicharm India's Corporate Social Responsibility interventions revolve around a campaign that aims to prepare women and adolescent girls (pre-menarche and post menarche) on Menstrual Hygiene Management and prepare them for healthy and productive womanhood.

Menstruation and related problems are issues that every female has to deal with but still it is not discussed openly. The religious and cultural norms associated with it pose many barriers at the individual level in seeking knowledge and skills for its effective management. The taboos surrounding this issue in Indian society prevent girls from articulating their menstrual needs. For the majority, the source of information on menarche is a friend or the mother. The information is available mostly post-menarche rather than pre-menarche. Lack of information on menstruation management leads to increase absenteeism in formative years of Education and Work and thereby hinder in building social and interpersonal relations. Therefore, reaching to the women on the issue of health and hygiene is critical as cultural and gender norms prevent women in articulating their reproductive health and menstrual needs.

To take this agenda forward, we seek your support and assistance. We would like to conduct a workshop for all students. We also seek your co-operation in reaching out to mothers via our unique mother – daughter session as we collectively work toward breaking taboos & lead young girls to dream of life with activity.


The workshop will include:

- 1) Presentation/education to the audience through PPT / Flipcharts
- 2) Distribution of leaflets and Posters on the subject with the gist of the topics covered in the workshop
- 3) Question – Answer Round
- 4) Distribution of Sanitary Napkin

We request you to kindly provide us an early appointment to discuss the agenda and seek a possible date for the workshop.

Kindly Note that there is no cost involved in program

Your Sincerely


Damani Wadhwa
Senior Manager
Corporate Social Responsibility



10-4am
1st week Feb
2nd week Feb


Principal
KRUPANIDHI DEGREE COLLEGE
No 12/1 Chikkabellandur Viage,
Carmelaram Post, Varthur Hobli,
Bangalore - 560 035


Principal
Krupanidhi Group of Institutions
12/1 Chikkabellandur Viage,
Carmelaram Road Post Varthur Hobli
Bangalore - 560 035



KRUPANIDHI

GROUP OF INSTITUTIONS

(ISO 9001:2023 Certified Institution)

ORGANIZED BY
Department of MBA

STUDENT COORDINATORS

RISHIYAS ALI P (MBA)

GOKUL R P (MBA)

ONE DAY WORKSHOP ON

STRESS

MANAGEMENT

 11TH NOVEMBER, 2021  2:00 PM

RESOURCE PERSON

DR. RUBY JOHN

Clinical Psychologist

PLATFORM: MICROSOFT - TEAMS

Certificates will be issued for all the participants




Principal

Krupanidhi Group of Institutions
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Date: 10.11.2021

CIRCULAR

This is to inform all the teaching and non teaching staff that KGI Department of MBA organizing One Day Workshop on Stress Management on 11th November 2021

All the teaching and non teaching staffs are requested to attend the workshop.



[Signature]
PRINCIPAL

[Signature]
Principal

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REPORT OF ONE DAY WORKSHOP ON STRESS MANAGEMENT

OBJECTIVE:

The overall objective is to recognize the stressors and signs of stress in their own lives. Recognize the cognitive components of stress, especially the effects of one's automatic thoughts and internal dialogue on appraisal of stressors. Learn relaxation methods to reduce muscle tension related to stress.

The Department of MBA organized **One Day Workshop on Stress Management** on **11th November 2021**. There were 80 plus participants participated in this session. The session began with welcoming the participants & speaker by Dr. Sravana Kumar the followed by introduction of Dr. Ruby John. The introductory part of the session is given by Dr. Ruby John extended a very warm addressing the gatherings & spoke about the importance of the topic.

The eminent speaker was Dr. Ruby John, has 26 years of teaching & Clinical experience. Being worked as a soft skill trainer & conducted several Value added program, organized Add-On Program for the students, Conducted Faculty Development Program for teachers and Management Development Program for the Management & Parental Skill training for the parents. Providing psychological therapy & counseling services to assist in resolving students learning & behavior problems.

The Speaker began her presentation with a meditation followed by administered a self assessment of stress, scoring & interpretation was done. She explained about what is stress, forms of stress, symptoms of stress, causes of stress in college students, can college stress lead to other condition, how to manage stress in college, where can students go for help with management stress, then the session wind up with exercising Jacobson Muscle Relaxation technique.

The sessions were very informative. The discussed areas are of great benefit to the participants as the topics match with the academic curriculum.

The question & answer session was moderated by Prof. Ramalakshmi & it went on well with interesting solution. The session was concluded with Valedictory sessions. The vote of thanks given for acknowledging the efforts from the Faculty and Staff members. The feedback with regard to the session was also collected at the end.

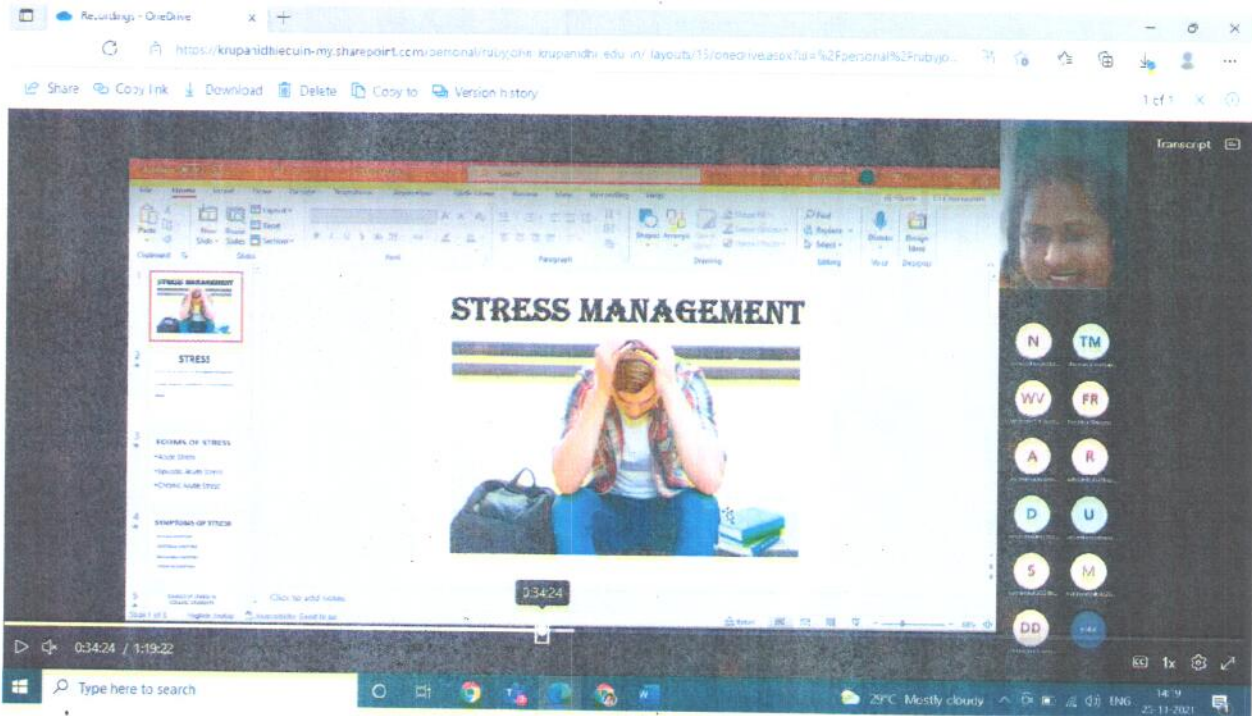


Ramesh
Principal

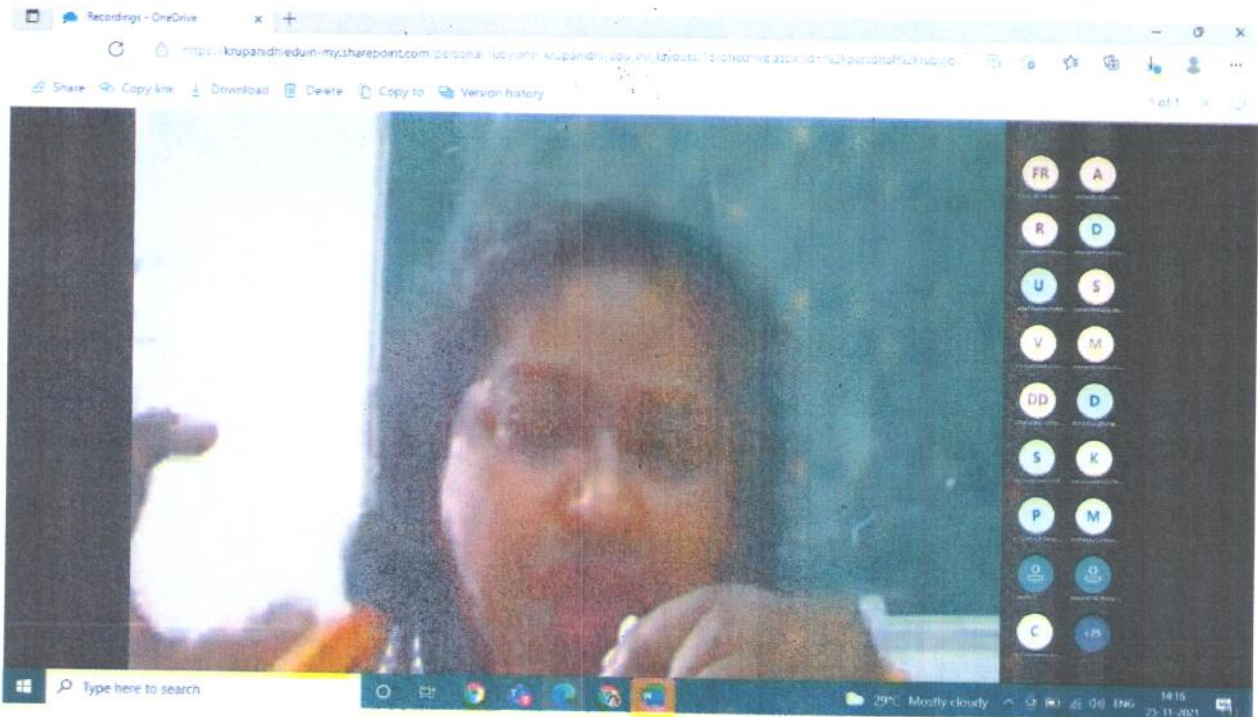
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PPT Slide presented and the Resource Person

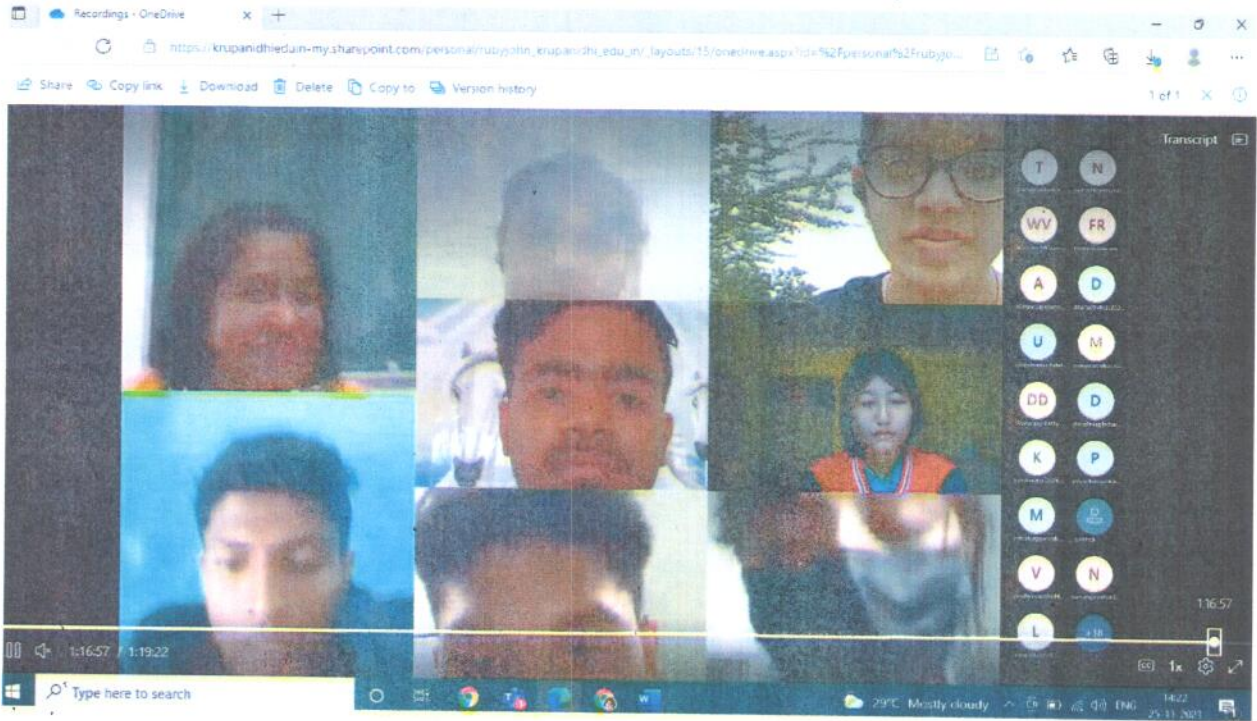


[Handwritten Signature]
Principal

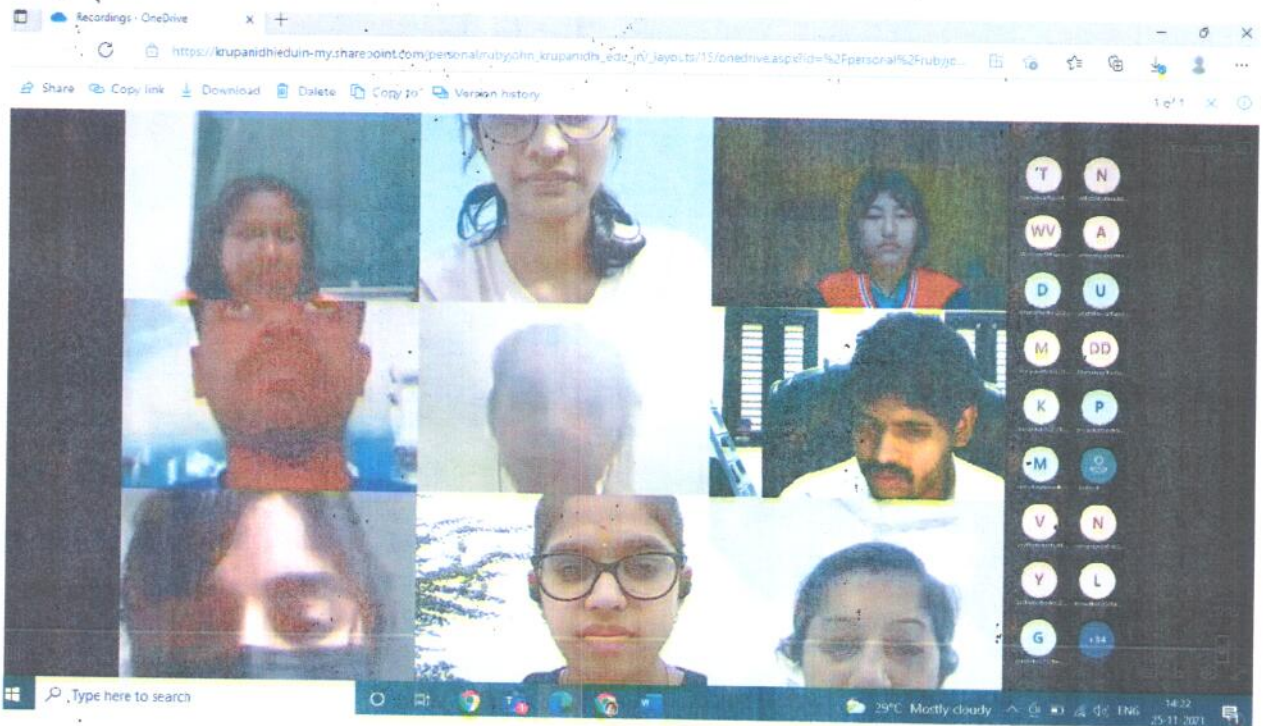
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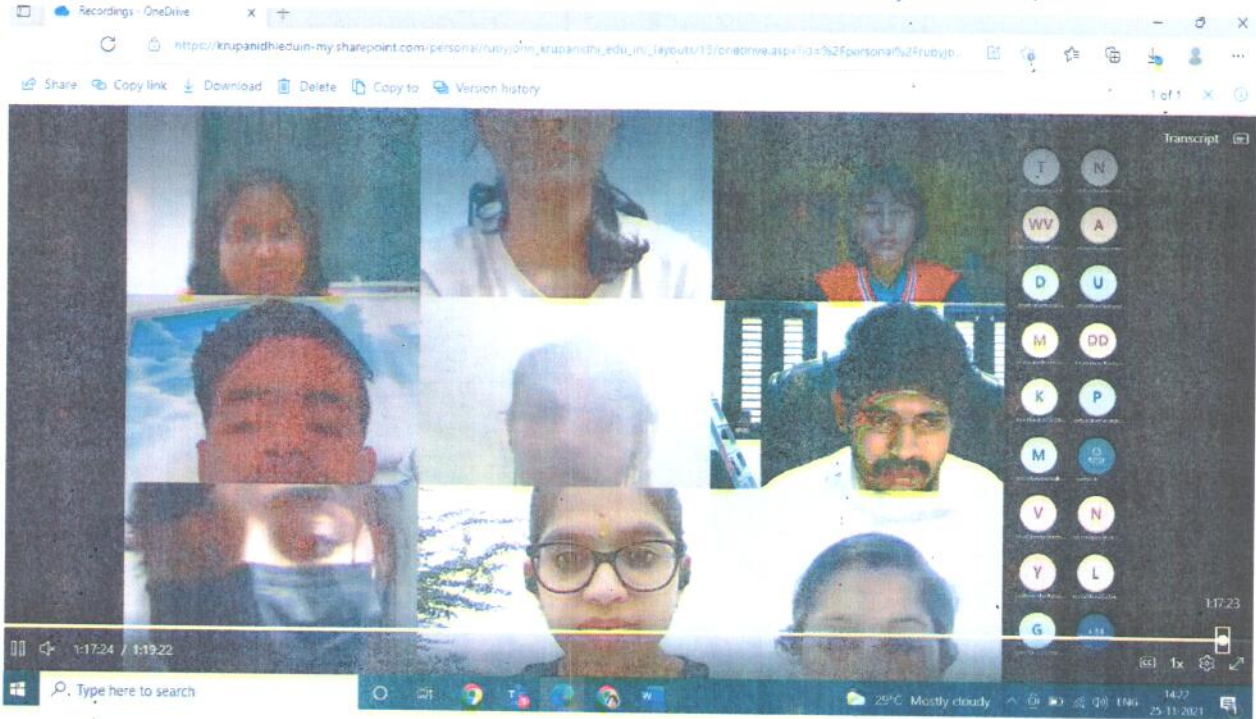
Screenshot of the Participants



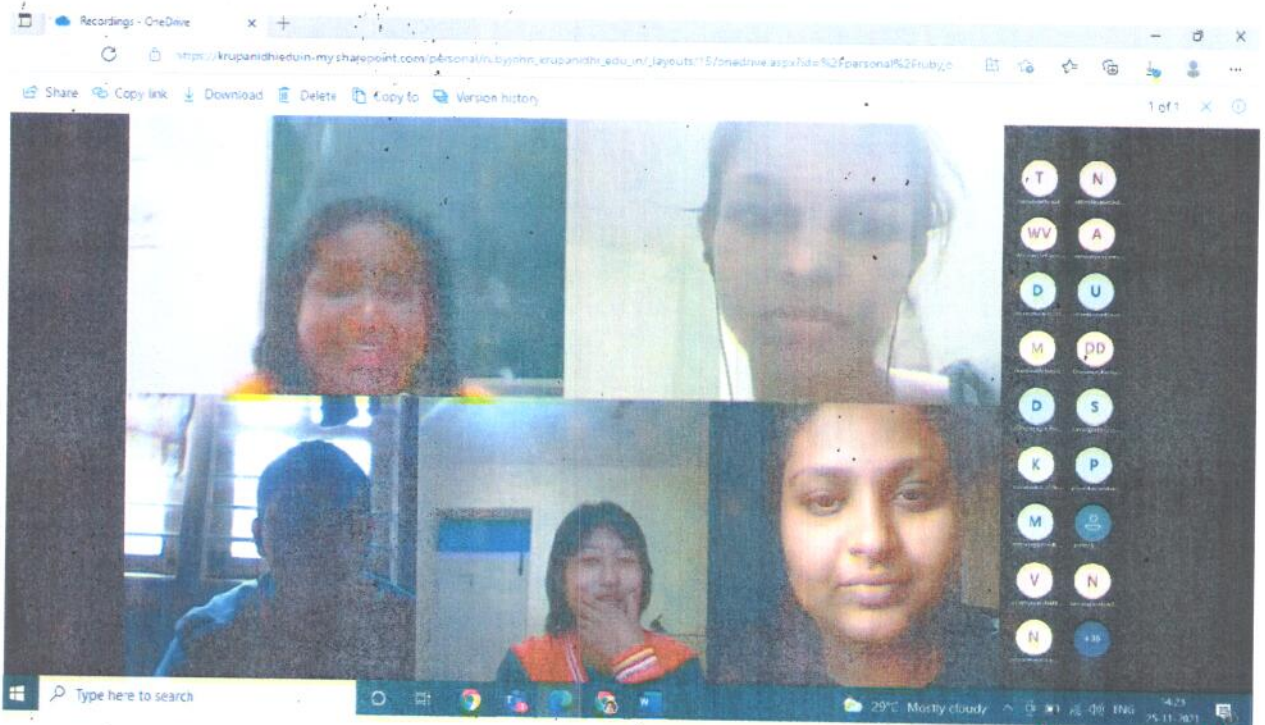
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Screenshot of the Resource Person and Participants



K. Suresh
Principal
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ICT/computing skills

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SEMINAR ON MS EXCEL SKILLS FOR BUSINESS SPECIALIZATION

DECEMBER 12, 2020
10:00 AM - 5:00 PM

ORGANIZED BY DEPARTMENT OF MBA

STUDENT COORDINATOR
NIVEDITHA A (MBA 2ND YR)

RESOURCE PERSON
MR SHANKAR MM
CARES, BANGALORE



Shankar
Principal

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KRUPANIDHI GROUP OF INSTITUTIONS
DEPARTMENT OF MANAGEMENT STUDIES
BANGALORE

NOTICE

Date: 11th December 2020

This is to inform that the Departments of MBA has planned to conduct Seminar on MS- Excel Skills for Business Specialization on 12th December 2020 from 10:00 am to 5:00 Pm. All the interested students are asked to attend the Session and get benefitted.



Praveesh
PRINCIPAL

Praveesh
Principal

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Seminar On MS- Excel Skills for Business Specialization

The MS- Excel Skills for Business Specialization Seminar was organized on 12th December 2020 from 10:00 am to 5:00 Pm, at our management block. 67 Students are participated in the seminar. The session conducted by Mr. MM Shankar.

MS- Excel is an industry standard tool extensively used across different functional areas. The resource Persons delivered hands – on learning to our students on various spreadsheet functions like summation, Logical functions, formulas, charts, statistical analysis, data validation, graphical tools and pivotal tools. The program successfully completed at 5:00 pm.

Mr. Shankar M Mepparambath did MBA (Marketing), in 1999 at Univ. of madras. In 2005 undergone FDP, At IIM- Ahmadabad, he has work experience in both academics and industry, 14 years in academics And 7 years in research, training and consultancy respectively. He worked with satyam computers, Manthan service, caterpillar (USA), he has published 9 articles in various national level journal. He trained more than 10,000 participants across India in research methodology and statistical software. His Research materials like “360 degree view of RM and theory “are downloaded by the research Communities pan world. He has been enacting as research consultant for various companies such as in Touch Analytics, U reach solutions, PPDA Ltd, SPSS south Asia Ltd, Bangalore and crane software. He has been providing training for various corporate like IBM, Finserv, care India, custlogic and satvik etc. His Area of interest includes management research and marketing Analytics. Currently associated with Cares, Bangalore as mentor in research and training.



Shankar M Mepparambath
Principal

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Students and the Resource Person in the Seminar



Praveesh
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SEMINAR ON MS- EXCEL SKILLS FOR BUSINESS SPECIALIZATION

List of Students Participated

SL NO	NAME OF THE STUDENT	COURSE
1	ABHAY MAHESH	MBA 1ST YEAR
2	LAVANYA S	MBA 1ST YEAR
3	ABHIMANUE K MADHU	MBA 1ST YEAR
4	LIBIN VARGHESE	MBA 1ST YEAR
5	ADARSH A R	MBA 1ST YEAR
6	ADHEESH C	MBA 1ST YEAR
7	AFNAS T K	MBA 1ST YEAR
8	AKHIL K A	MBA 1ST YEAR
9	ANKITA MAURYA	MBA 1ST YEAR
10	ANUJITH KT	MBA 1ST YEAR
11	AKHIL K AAKSHAY K	MBA 1ST YEAR
12	LAVANYA S	MBA 1ST YEAR
13	LIBIN VARGHESE	MBA 1ST YEAR
14	M ADITH	MBA 1ST YEAR
15	M V NAVANEETH KUMAR	MBA 1ST YEAR
16	MANDARA D	MBA 1ST YEAR
17	MANJUNATH G	MBA 1ST YEAR
18	MANJUNATH G	MBA 1ST YEAR
19	MANOJ M	MBA 1ST YEAR
20	AKSHAY KUMAR N	MBA 1ST YEAR
21	ANUJITH KT	MBA 1ST YEAR
22	POOJA SHARMA	MBA 1ST YEAR
23	ANUPRIYA N	MBA 1ST YEAR
24	PRIYANKA M	MBA 1ST YEAR
25	ARATHI CK	MBA 1ST YEAR
26	RAMYA H M	MBA 1ST YEAR
27	ARCHITHA K	MBA 1ST YEAR
28	RAMYA V	MBA 1ST YEAR
29	AROMAL P ANIL	MBA 1ST YEAR
30	SUNNY KUMAR	MBA 1ST YEAR
31	KAVYA.P	MBA 1ST YEAR
32	SUPRIYA V	MBA 1ST YEAR



Praveesh
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33	KEERTHAN T P	MBA 1ST YEAR
34	TANUJA PRITY	MBA 1ST YEAR
35	KEERTHI BHUSHAN S	MBA 1ST YEAR
36	KISHORE.G	MBA 1ST YEAR
37	KRUPANAND D	MBA 1ST YEAR
38	KUSUMA.P	MBA 1ST YEAR
39	LAKSHMI B R	MBA 1ST YEAR
40	LAKSHMI PRAMOD	MBA 1ST YEAR
41	TOM CHARLY C	MBA 1ST YEAR
42	VINAYAK S D	MBA 1ST YEAR
43	VISHNU M	MBA 1ST YEAR
44	VISHWANATH K N	MBA 1ST YEAR
45	NILSON KURIAN	MBA 2ND YEAR
46	NITHEESH CHANDRAN	MBA 2ND YEAR
47	SAGAR PATTNAYAK	MBA 2ND YEAR
48	PAVAN K	MBA 2ND YEAR
49	PAVAN R	MBA 2ND YEAR
50	PRAJEESH T P	MBA 2ND YEAR
51	PRITHVIL.S	MBA 2ND YEAR
52	PUNITH KUMAR K P	MBA 2ND YEAR
53	RAVI K	MBA 2ND YEAR
54	RENSU K REJI	MBA 2ND YEAR
55	ROHAN PHILIP	MBA 2ND YEAR
56	ROHINI N	MBA 2ND YEAR
57	ROJO SAJI	MBA 2ND YEAR
58	ROOPA M D	MBA 2ND YEAR
59	SAI RAKSHITHA B.R	MBA 2ND YEAR
60	SAI VINUTHA V	MBA 2ND YEAR
61	THANUSHA.G	MBA 2ND YEAR
62	THANUSHA RAMACHANDRAN	MBA 2ND YEAR
63	THRIVEN KUMAR B S	MBA 2ND YEAR
64	TIRUPATI	MBA 2ND YEAR
65	TOUHID PASHA	MBA 2ND YEAR
66	VINUSHA D	MBA 2ND YEAR
67	ABHISHEK A L	MBA 2ND YEAR




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